"The Sky is Falling" Articles

"Are There Enough Doctors for the Newly Insured?" (Stateline/Pew Charitable Trusts, 12/30/13) – Michael Ollove

- Shortfall of 45,000 PCPs and 46,000 specialists by 2020
 - Shortfall is even worse than those numbers because most PCPs do not accept Medicaid, which many new enrollees are covered by
- Exacerbated by aging baby boomers, new enrollees, retirement of aging docs, PCP pay difference, lifestyle choices among med students
- Concerns noted:
 - Long wait times
 - Longer travel times to appointments

"It's Not Just Healthcare.gov, Obamacare Will Soon Create a Severe Doctor Shortage" (Forbes, 12/11/13) –John Goodman

- ACA substantially increases demand without increasing supply
- Technology/nurses/PAs won't be able to offset the increased number of insured, at least in the short term
- Newly insured will double their health care system use, newly mandated benefits will further strain the system
- Concerns noted:
 - Longer wait times specifically cites longer wait times in Boston after health reform
 - o Rationing/two+-tiered system/rush to concierge medicine
 - o Increased ED use

"The Impact of the Affordable Care Act on the Health care Workforce" (Heritage Foundation, 3/18/2014) – Amy Anderson

- ACA places stress on already fragile system, imposes 190 million extra hours of paperwork
- Concerns noted:
 - Added burden on health professionals will lead to increased dissatisfaction, burnout, and loss of providers
 - o ACA's approach to the shortfall is "unproven and limited in scope, and will not produce results for years"
 - Increased wait times
 - Limited access to provides
 - Shortened time with providers
 - Decreased satisfaction
 - o Geographic distribution shortfall "The danger is that these shortages will result in **increased morbidity and mortality** for rural Americans"

Insurance and Delayed Care

Pande, Degnan, Zaslavsky and Salomon, 2011 (American Journal of Preventive Medicine)

- Assessed effect of MA health reform on healthcare access and affordability using BRFSS longitudinal data from MA and other northeastern states
- After adjusting for socioeconomic factors, MA residency in 2009 was associated with a
 4.8% lower probability of forgoing care because of cost, compared to expected levels without health reform (determined by trends in "control" states)

Weissman, Stern, Fielding, and Epstein, 1991 (Annals of Internal Medicine)

- Oldie but goodie cited 350+ times
- Personal interviews 12,000 adults from five MA hospitals assessing characteristics of patients reporting delays in care, and reasons for those delays
- Uninsured patients were **1.78X** more likely to have delayed care; poor uninsured individuals were **2.58X** more likely
 - o Poor uninsured patients were 12X more likely to have delayed because of cost

Gallup Poll, December 9, 2013

- Question: "Within the last 12 months, have you or a member of your family put off any sort of medical treatment because of the cost you would have to pay?"
- 59% of uninsured replied "yes", compared to 22% of Medicaid and 25% of privately insured

Kumar et al., 2014 (Critical Care Medicine)

- Study of patients with severe sepsis (high mortality condition improved by timely treatment) to see if uninsured patients had higher mortality rate
- Found that uninsured patients were **1.43X** more likely to die from sepsis than privately insured patients, after adjusting for potential hospital/demographic/clinical confounders
- Similar finding as Haider et al., 2008 for uninsured mortality after trauma